

August 16, 2019

**Gran Tierra Energy Inc.**  
(the “Company”)

Director / PDMR Shareholding

Gran Tierra Energy Inc. has been notified of the following transaction in the Company’s common shares undertaken by directors / persons discharging managerial responsibility (“PDMR”).

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry  
Chief Executive Officer

Ryan Ellson  
Chief Financial Officer

Rodger Trimble  
Vice President, Investor Relations

(403) 265-3221  
info@grantierra.com

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>									
a)	Name	Brooke Wade								
<b>2</b>	<b>Reason for the notification</b>									
a)	Position/status	Director								
b)	Initial notification /Amendment	Initial notification								
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>									
a)	Name	Gran Tierra Energy Inc.								
b)	LEI	549300IH2S17MAIUCM32								
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>									
a)	Description of the financial instrument, type of instrument	Common Stock								
	Identification code	ISIN: US38500T1016								
b)	Nature of the transaction	Purchase of Shares								
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume (s)</th> </tr> </thead> <tbody> <tr> <td>USD 1.42</td> <td>17,600</td> </tr> <tr> <td>USD 1.43</td> <td>56,500</td> </tr> <tr> <td>USD 1.44</td> <td>110,900</td> </tr> </tbody> </table>	Price(s)	Volume (s)	USD 1.42	17,600	USD 1.43	56,500	USD 1.44	110,900
Price(s)	Volume (s)									
USD 1.42	17,600									
USD 1.43	56,500									
USD 1.44	110,900									
d)	Aggregated information - Aggregated volume - Price	185,000 USD 264,871								
e)	Date of the transaction	13 August 2019								
f)	Place of the transaction	Toronto Stock Exchange (TSX)								