June 20, 2019

Gran Tierra Energy Inc. (the "Company")

Director / PDMR Shareholding

Gran Tierra Energy Inc. has been notified of the following transaction in the Company's common shares undertaken by directors / persons discharging managerial responsibility ("PDMR").

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry Chief Executive Officer

Ryan Ellson Chief Financial Officer

Rodger Trimble Vice President, Investor Relations

(403) 265-3221 info@grantierra.com

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Robert B. Hodgins	
2	Reason for the notification		
a)	Position/status	PDMR (Director)	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Gran Tierra Energy Inc.	
b)	LEI	549300IH2S17MAIUCM32	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification	Common Stock ISIN: US38500T1016	
	code		
b)	Nature of the transaction	Purchase of Shares	
c)	Price(s) and volume(s)	Price(s) Volume (s) USD 1.61 10,000	
d)	Aggregated information - Aggregated volume - Price	n/a	
e)	Date of the transaction	19 June 2019	
f)	Place of the transaction	Toronto Stock Exchange (TSX)	

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Ryan Ellson	
2	Reason for the notification		
a)	Position/status	PDMR (Executive Vice President and Chief Financial Officer)	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Gran Tierra Energy Inc.	
b)	LEI	549300IH2S17MAIUCM32	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument		
	Identification code	ISIN: US38500T1016	
b)	Nature of the transaction	Purchase of Shares	
c)	Price(s) and volume(s)	Price(s) Volume (s) USD 1.61 18,400	
d)	Aggregated information - Aggregated volume - Price	n/a	
e)	Date of the transaction	19 June 2019	
f)	Place of the transaction	Toronto Stock Exchange (TSX)	